

# National Youth Leadership Training N.Y.L.T. Personal Equipment for Winter Courses

## **Required Personal Gear:**

- Complete BSA Field Uniform
  - Uniform Shirt w/proper patches (1 to 2)
  - Uniform Pants(1- 2)
  - Uniform socks (3 pair)
  - Uniform BSA belt and buckle
- Shoes 1pair suitable for hiking, 1 extra pair
- Rain Suit or Poncho
- Warm Jacket & sock cap (plain or BSA/Troop/Camp insignia only)
- Sweatshirt or sweater
- Change of clothing: pants, shirts \*, underwear (including, long) etc.
- Backpack (for all gear, no footlockers/suitcases)
- Sleeping bag (warm)
- Ground cloth
- Lightweight tent for overnight
- Eating – plate, bowl, cup, knife, fork, spoon
- Water bottle or canteen
- Flashlight (with spare batteries & bulb)
- Compass
- Boy Scout knife (no sheath knives)
- Chapstick, sunblock, insect repellent (no aerosol)
- Any prescribed or required medication (list in Medication Form)
- Pens or pencils / notepad
- Boy Scout Handbook

\* each participant will be furnished two course T-shirts during check-in, see application to provide size

## **Recommended Personal Gear:**

- Cot & foam sleeping pad
- Mosquito netting to cover cot
- Bathing – towels (2), soap/container
- Hygiene – toothbrush/paste, deodorant, comb, etc.
- Personal first aid kit – basic band aides, etc.
- Watch / alarm clock
- Patrol Leader Handbook or Senior Patrol Leader Handbook

## **Optional Personal Gear:**

- Small rug or mat for tent floor
- Pillow
- Sewing / repair kit
- Clothesline / clothespins
- Sunglasses
- Camera, musical instrument (no electronics)
- Religious book (s)

Remember: “Dress for the weather, Pack for the season”